



**Mar 16, 2026**

*RE: Annual Parent Notification- Dangers of Fentanyl & Synthetic Drugs*

Dear Blue Oak Academy and Sycamore Valley Academy Parent(s) and Guardian(s),

The health and safety of our students is our top priority. In accordance with California Education Code Section 48985.5, Blue Oak Academy and Sycamore Valley Academy are providing this annual notification to inform you about the dangers of synthetic drugs, specifically fentanyl.

### ***What is Fentanyl?***

Fentanyl is a powerful synthetic opioid that is up to 50 times stronger than heroin and 100 times stronger than morphine. Illegally produced, fentanyl is colorless, odorless, and tasteless, making it nearly impossible to detect in other substances.

### ***Dangers of Counterfeit Pills***

Dangerous synthetic drugs, including fentanyl, are frequently found in counterfeit pills. These pills are designed to look identical to legitimate prescription medications, such as Percocet, Oxycodone, Xanax, or Adderall, but are produced illegally and often contain lethal doses of fentanyl.

### ***The Role of Social Media***

Social media platforms are frequently used to market and sell these substances, making them accessible to teenagers and young adults.

### ***Key Safety Information:***

- No Safe Drug without a Prescription: Any medication not obtained directly from a healthcare provider or pharmacy should be considered unsafe.
- Lethal Risk: Because Fentanyl is extremely potent, even a very small amount can cause a fatal overdose.
- Signs of Overdose: Small, constricted “pinpoint pupils,” falling asleep or losing consciousness, slow/weak breathing, or a limp body.

### ***Resources and Support***

We encourage you to talk to your student about the dangers of pill use and to be aware of the signs of substance use. For more information, please see the attached flyers from the Centers for Disease Control, and visit our schools Health Page at <https://www.theacademiescharters.org/health-and-wellness> or the California Department of Public Health (CDPH) fentanyl awareness page at <https://www.cdph.ca.gov/Programs/CCDPHP/sapb/Pages/Fentanyl.aspx>

***If you suspect an overdose, call 911 immediately!***

Sincerely,

*Katie Roepke-Brenner, RN*

Katie Roepke-Brenner  
The Academies Registered Nurse

# THE FACTS ABOUT

# FENTANYL

## FENTANYL FACTS

Fentanyl is a synthetic opioid that is up to 50 times stronger than heroin and 100 times stronger than morphine. It is a major contributor to fatal and nonfatal overdoses in the U.S.<sup>1</sup>

**Fentanyl is a synthetic opioid that is up to**

**50x**

stronger than heroin

**100x**

stronger than morphine

There are two types of fentanyl: pharmaceutical fentanyl and illicitly manufactured fentanyl. Both are considered synthetic opioids. Pharmaceutical fentanyl is prescribed by doctors to treat severe pain, especially after surgery and for advanced-stage cancer. However, most recent cases of fentanyl-related overdose are linked to illicitly manufactured fentanyl, which is distributed through illegal drug markets for its heroin-like effect. It is often added to other drugs because of its extreme potency, which makes drugs cheaper, more powerful, more addictive, and more dangerous.

## ILLICITLY MANUFACTURED FENTANYL

Illicitly manufactured fentanyl (IMF) is available on the drug market in different forms, including liquid and powder<sup>1</sup>. Fentanyl-laced drugs are extremely dangerous, and many people may be unaware that their drugs are laced with fentanyl.



**Powdered fentanyl** looks just like many other drugs. It is commonly mixed with drugs like heroin, cocaine, and methamphetamine and made into pills that are made to resemble other prescription opioids.

### Street Names for Fentanyl

- Apache
- Dance Fever
- Friend
- Goodfellas
- Jackpot
- Murder 8
- Tango & Cash<sup>1</sup>



In its **liquid form**, IMF can be found in nasal sprays, eye drops, or dropped onto paper like small candies.

DRUGS DO NOT COME WITH

AN INGREDIENTS LIST.

MANY CONTAIN DEADLY

DOSES OF FENTANYL.

# FENTANYL AND OVERDOSE

Fentanyl and other synthetic opioids are the most common drugs involved in overdose deaths.<sup>1</sup> Even in small doses, it can be deadly.

150

Over 150 people die every day from overdoses related to synthetic opioids like fentanyl.<sup>2</sup>

Drugs may contain deadly levels of fentanyl, and you wouldn't be able to see it, taste it, or smell it. It is nearly impossible to tell if drugs have been laced with fentanyl unless you test your drugs with fentanyl testing strips. Testing strips are inexpensive, typically give results within 5 minutes, and can be the difference between life or death. Even if the test is negative, caution should be taken as test strips might not detect more potent fentanyl-like drugs, like carfentanil.<sup>3</sup>

## SIGNS OF OVERDOSE

Recognizing the signs of opioid overdose can save a life. Here are some things to look for:

- Small, constricted "pinpoint pupils"
- Choking or gurgling sounds
- Falling asleep or losing consciousness
- Limp body
- Slow, weak, or no breathing
- Cold, clammy, and/or discolored skin

## WHAT TO DO IF YOU THINK SOMEONE IS OVERDOSING

It may be hard to tell whether a person is high or experiencing an overdose. If you aren't sure, it's best to treat the situation like an overdose—you could save a life.

1

Call 911 immediately.\*

2

Administer naloxone,\*\* if available.

3

Try to keep the person awake and breathing.

4

Lay the person on their side to prevent choking.

5

Stay with them until emergency workers arrive.

1. Wilson N, Kariisa M, Seth P, Smith H 4th, Davis NL. Drug and opioid-involved overdose deaths—United States, 2017–2018. MMWR Morb Mortal Wkly Rep 2020;69:290–7. 10.15585/mmwr.mm6911a4

2. NCHS, National Vital Statistics System. Estimates for 2020 are based on provisional data. Estimates for 2015–2019 are based on final data (available from: <https://www.cdc.gov/nchs/nvss/vsrr/drug-overdose-data.html>).

3. Bergh, Marianne Skov-Skov et al. "Selectivity and sensitivity of urine fentanyl test strips to detect fentanyl analogues in illicit drugs." The International journal on drug policy vol. 90 (2021): <https://doi.org/10.1016/j.drugpo.2020.103065>

\* Most states have laws that may protect a person who is overdosing or the person who called for help from legal trouble.

\*\* Naloxone is a life-saving medication that can reverse the effects of opioid overdose and save lives. It is available in all 50 states and can be purchased from a local pharmacy without a prescription in most states.

